

## East Lansing Supportive Service Referral List

Updated 03/2020

The service providers below have either been recommended by satisfied program participants, or the service provider has asked to be put on this list. State Police background checks are a requirement. Prime Time makes no recommendations regarding provider reliability or quality of the services, and we assume no liability for these businesses/individuals. It is suggested that an in-person interview may be appropriate, references be checked, and sound judgement used before hiring. \*\*Indicates they work with Tri-County Office in Aging. \*Indicates referral from senior participants.

Category of Services	Name of company or individual	Description of services	Contact info: Are code 517 unless otherwise stated
	Senior Preferences	<a href="http://publications.seniorpreferences.com/publication/?i=391607#{" issue_id":391607,"page":0}"="">http://publications.seniorpreferences.com/publication/?i=391607#{"issue_id":391607,"page":0}</a>	
<b>Health Care</b>			
	Arcadia Health Care	Personal care, medication reminders, meal prep, transportation. Bonded and insured.	321-5387
	Care Connections**	Physician owned, RN managed, private duty home care, 24/7. Quick availability, affordable, personal hands-on care. Also transportation, homemaking & companion services. Most insurances accepted.	381-2433
	Clearwater Home Health Services**		1-866-686-5901
	Comfort Keepers**	Affordable, Non-medical home care	321-4010
	Advisacare	Skilled care and private duty services provided. Physical and Occupational Therapy (in home). Companion, light house keeping, errands. Medicare approval.	336-0106 or 800-342-5303 1-
	Senior Guidance	<a href="https://www.seniorguidance.org">https://www.seniorguidance.org</a>	<a href="mailto:mia.t@seniorguidance.org">mia.t@seniorguidance.org</a>
	Dobson Healthcare Services**	Family owned since 1988. Founded by Jami Dobson-Schrumpf, R.N. We provide private duty home care in your home 24/7. Services include infusion therapy, wound care, medicine management, personal care, respite care, skilled nursing, traumatic brain injury care, and ventilator care. <a href="http://www.dobsonhealthcare.com">www.dobsonhealthcare.com</a>	339-5100

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	Family & Child Clinic	Olin Health Center MSU-psychological therapeutic services for families, couples & individuals of all ages.	432-2272
	Great Lakes Senior Care	Skilled nursing, physical, occupational, and speech therapy medical social work and personal care, medication management. Physical, massage, and music therapy. Life Stories program. Home medical equipment provides the highest quality respiratory and other post operative medical equipment.	780-9523
	Heartland Home Health & Hospice**		676-6469 or 393-3930
	Jessi Kay Home Care**	Providing in home health services in the greater Lansing area.	327-6160
	Sparrow Home Care Network**	Providing skilled nursing and therapy in your home at the directions of your physician.	364-8600
	Kris Taylor	Services offered, but not limited to shopping (food, gifts, etc.), taking pets to appointments, wellness checks, small meal prep, light housekeeping, and any errands they may need. If families don't have time to get parents their supplies, I can do that. <a href="mailto:kristaylor@outlook.com">kristaylor@outlook.com</a>	525-2096
<b>Health Care cont'd.</b>			
	Visiting Nurse & Visiting Nurse Medical Supply	Visiting nurse and hospice service, assistance with oxygen. Medical supplies for purchase or rental. Accepts Medicare; insurance forms are handled. For general questions call Duane Harmon, 490-2651	346-4750 for nursing; 346-4777 for medical supplies

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	Visiting Angels, Living Assistance Services: Mark Mercieca, Director	Peace of Mind, Up to 24 hr. care, Meal Preparation, Errand/Shopping, Hygiene Assistance, Light Housekeeping, Rewarding Companionship, Respite for Family Caregivers, Doctor Appointment and Med Reminders	517-709-2240; Toll free 1- 800-Angel Time
	Wind Beneath Your Wings	Our mission is to send Personal Angels to provide compassionate and respectful care to seniors so they can maintain an independent lifestyle wherever they call home. We can assist with bathing, dressing, rx reminders, meal planning/preparation, housekeeping, laundry, organization, errands, and doctor's appointments. We are bonded and insured. <a href="http://www.windbeneathyourwingshomecare.com">www.windbeneathyourwingshomecare.com</a>	517-862-8064
<b>Home Maintenance</b>			
	Delta Electric	Used by City of East Lansing	322-2177
	Dick's Appliance	Expert service, low rates, most makes & models	882-0201
	Drain Works**	Sewers & drain line cleaning. 24/7 service. Minor plumbing repairs, video drain line inspections & locating hydro jetting.	896-7910, Eric Larson
	HMCo. Home Maintenance Company	Services for seniors focused on home maintenance and upkeep, home management, concierge/errand service, and handicap preparation.	337-0005
	Len's Carpet Care**	Specialty: Emergency water removal.	886-3881 886- 1365
	Michigan Plumbing	Used by City of East Lansing.	333-4441
	Rider Remodeling Design &	Aging in place remodeling	Philip Brandstatter 487- 3713
	Simon Roofing	Licensed, insured free estimates, siding, windows, gutters	Doug Simon 517-267- 7599

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	Brian Stratco	"Leaves B Gone" raking, bagging, mowing, trimming, garage & basement cleaning, power washing, other services, just ask. stratco2002@yahoo.com	819-9571
	Dale Westrick*	35 years exp.-can do most anything, including major appliance repair, electrical projects; excellent communication, reasonable rates.	626-2256
<b>Housing Cleaning</b>			
	Green, Sarah	I'll clean anything....even windows! References provided.	980-2028
	Sparkling Clean Cleaning Service		372-5920
<b>Housing</b>			
	Senior Preferences	Magazine with detailed information on senior housing options in Ingham County. Available at Prime Time office.	337-1113
<b>Physician Care</b>			
	Visiting Physicians	80% of cost covered by Medicare; call to see if you are eligible.	347-4085
<b>Lawn Care and Snow Removal</b>			

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	Handshake (Hire a Spartan)	For those of you who have previously used Hire a Spartan services, here is an important update. Those services are now accessed through a program called <b>Handshake</b> . Seniors cannot post jobs on Handshake directly, but should email information about the job to <a href="mailto:hireaspartan@csp.msu.edu">hireaspartan@csp.msu.edu</a> . Your job will be posted to Handshake and linked to your email address. Interested students will email you about your job. Please contact the Prime Time office (337-1113) and ask for the Volunteer Coordinator.	*May not work for the 24hr snow removal ordinance
	Luke Landscaping	Snow removal, lawn maintenance, spring/fall clean-up, mulch installation, landscaping projects, shrub & tree pruning.	339-6500
	Master Mowing	At Master Mowing LLC we aren't limited to mowing. We can handle a large range of work including mulching, maintenance projects, snow removal, hardscaping and complete landscaping design. Servicing the lovely residents of the Lansing area since 2009. Contact us for free quote specific to your needs. Seniors receive a 5% discount.	<a href="http://www.mastermowingllc.com">www.mastermowingllc.com</a> 517-898-3878
	Rory & Katherine	Father & daughter owners. Lawn care, pressure washing, staining decks, spring/fall cleanup, light tree work including storm cleanup, eve trough repair, drainage issues (wet yard).	324-7446
	Robert Reese	Snow Removal	484-2868
<b>Other Resources</b>			
	Legal Hotline**		
updated 3/6/20	Legal Aid	Lakeshore Legal Aid	1-888-783-8190
<b>Other Resources con't</b>			

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	Tri-County Office on Aging (TCOA)		887-1440
<b>Transportation</b>			
	Kelly Transit for Seniors	Mike Kelly Owner	517-582-9347
	Mercy Ambulance Svc	Ingham, Eaton, and Clinton Counties. Comes into house and takes to cab. Takes you into appt. Friend or aide may accompany you. 24 hour in advance if possible.	482-1245
<b>Misc.</b>			