



# SENIORS COMMISSION

Quality Services for a Quality Community

## MEMBERS

Joan Martin Alam  
Trudy Bower  
Jean Brisbo  
Chair, Sandra House,  
Vice Chair, Jim Levande  
Robert Nelson  
Jack Nolish  
Cindy Whiddon  
Maria Zdybel

## City Council Liaison

Mark Meadows

## Staff Liaison

Kelly Arndt  
(517) 337-1113

## PRIME TIME SENIORS' PROGRAM

819 Abbot Road  
East Lansing, MI 48823

(517) 337-1113

[www.elprimetime.com](http://www.elprimetime.com)

## MEETING MINUTES

**February 3, 2020 - 1:00 p.m.**

East Lansing Hannah Community Center  
819 Abbot Road, East Lansing

### 1) Call to Order and Roll Call

House called the meeting to order at 1:05 pm.

Commission members not present: Robert Nelson, and Jean Brisbo

Liaisons present: Director Kelly Arndt

Guests: Lisa Richey, and Elaine Hardy

### 2) Approval of Minutes of July 2019 Commission Meeting

Nolish moved that the minutes be approved. Levande supported.

### 3) Approval of Agenda

Levande moved that the agenda be approved, Nolish supported.

### 4) Commission Chair Comments – Sandy House

House reviewed the ordinance regarding board and commission attendance and each commissioner's attendance in 2019. She asked the group if they would like to change the time, or day of the week to be more accommodating. After much discussion it was decided to stay with the first Monday of the month at 1:00 p.m.

House asked the commission if they would like to postpone the election of Chair and Vice Chair for the next meeting. The commissioners posed the question to House if she would service in this capacity again and she said she would. A motion was made by Nolish and supported by Levande to nominate House. It passed unanimously. House made a motion to table the election of the Vice Chair until the March meeting. Zdybel supported. It passed unanimously.

House also recommended to the commission that they revisit their 2019 goals and objectives. This will be done at the March meeting.

Director's Report – Kelly Arndt

As part of our commitment to intergenerational programming, we offered a free community screening of the award-winning documentary, Screenagers, to approximately 300 community members RSVPed and 150 attended. A moderated discussion followed the film. Intergenerational programming is shown to reduce ageism and all ages struggle to find a healthy balance of using technology. The screening was free thanks to the Friends of East Lansing Prime Time and was also supported by MSUFCU, Independence Village of East Lansing, Robinwood Landing Alzheimer's Special Care Center, Medilodge of Okemos, Senior Helpers, WLNS-TV 6, and Foster Coffees.

The Friends of Prime Time have increased their general contribution from 5% to 6%.

Last week I spoke to the residents of the Bailey Facility. I handed out membership forms and scholarship forms and already one has been returned. As of this year, scholarships will cover memberships, and 50% of classes up to \$100.

Our rummage sale will be in the spring (May 28-29).

In the last quarter 45 new members have joined Prime Time.

A) City Council Liaison Report – Mark Meadows - No Report

B) Age-Friendly Communities – Dr. Levande

East Lansing's Age-Friendly Communities Action Plan was sent to Paula Cunningham, the Director of the Michigan Chapter of AARP for review before it was sent to the national AARP. She said it looked great! It since has been sent. We are moving forward with some of the action steps already.

**5) New Business:**

The commission viewed an eleven-minute Ted Talks video on ageism with speaker Ashton Applewhite.

**7) Old Business:**

Zydbel announced she has been having a difficult time making the Neighborhood Presidents Meetings since she still works. She asked if anyone might be interested in serving in this capacity. Whiddon agreed to serve as liaison at the President's Neighborhood Associations Meetings scheduled on the last Monday of the month.

**8) Announcements**

Arndt announced that Joanne Bland, a civil rights activist in the early 60s will speak at the Hannah Community Center on Tuesday, February 11, at 6:00 p.m. Tickets are available for a suggested donation of \$10.00

**9) Adjournment**

House adjourned the meeting at 2:05 p.m. The next Senior Commission meeting will be held on March 2, 2020 at 1:00 p.m.