



# SENIORS COMMISSION

Quality Services for a Quality Community

## **MEMBERS**

Joan Martin Alam  
Trudy Bower  
Jean Brisbo  
Chair, Sandra House,  
Vice Chair, Jim Levande  
Robert Nelson  
Jack Nolish  
Cindy Whiddon  
Maria Zdybel

**City Council Liaison**  
Mark Meadows

**Staff Liaison**  
Kelly Arndt  
(517) 337-1113

## **PRIME TIME SENIORS' PROGRAM**

819 Abbot Road  
East Lansing, MI 48823

(517) 337-1113  
[www.elprimetime.com](http://www.elprimetime.com)

## **MEETING MINUTES**

**July 1, 2019 - 1:00 p.m.**

East Lansing Hannah Community Center  
819 Abbot Road, East Lansing

### **1) Call To Order and Roll Call**

House called the meeting to order at 1pm.

Commission members not present: Robert Nelson, Cindy Whiddon, Jean Brisbo, Trudy Bower, Maria Zdybel

Liaisons present: Mayor Mark Meadows, Director Kelly Arndt

### **2) Approval of Minutes of May Commission Meeting**

### **3) Approval of Agenda**

### **4) Commission Chair Comments – Sandy House**

We did not have a quorum. The minutes and agenda will be approved at the Sept. 9 meeting.

#### **A) Director's Report – Kelly Arndt**

Prime Time's partnership with the Global Health Education Institute at MSU is drawing to a close. Staff enjoyed having the Chinese medical students here at the center for the last month. On Thursday, June 27, the medical students shared information on Chinese Herbal Medicines and other holistic approaches to wellness. The covered topics relating to nutrition, acupuncture, and how Western and Chinese Medicines are being combined in China to offer the best of both. We also practiced different forms of exercises targeted to the older adult population. This kind of program we have wanted to offer for a while but previously couldn't find a resource. The pre-med students were passionate about their work and it came across in their presentations.

Each year we facilitate a satisfaction survey both externally and internally. This will be done in August by using survey monkey and paper questionnaire.

The center will be closed on July 5, 2019.

#### **B) City Council Liaison Report – Mark Meadows**

Newman Lofts will have their opening on Sept. 16, from 3 to 7 p.m. The HUB will be opening in Aug. This is where Target will be located as well.

The Landmark is pretty much finished, with an occupancy of 90%, and only 50% of these residents have accessed parking. It's perfect for young residents right across

from campus. They are priced competitively at \$1,200 a month. University student housing is the same price point as the newer developments.

Meadows gave an overview of the Coleman Road. construction and plans for the area south of the Aquatic Center, which will be developed for senior apartments, a memory care unit, assisted living unit, and psychiatric unit.

Currently the city is taking in \$900,000 due to the income tax coming in. They will also see a reduction of 6 mills from the reduction of property taxes and the Hannah Bond coming to an end this summer.

Donley and Glencairn Schools are going through some amazing improvements! The rooms are bright and open. It would be nice if the Senior Commission could go through a tour of the schools before the fall.

This summer the property tax bill in July will have a breakdown of where the taxes are going.

C) Age-Friendly Communities – Dr. Levande

East Lansing's AFC Steering Committee is approaching the completion of its plan for submission to the AARP for approval. In addition to the Committee's regular meetings, supplemental editing sessions were held to compile and organize community input into the plan. The City of East Lansing Planning staff formulated the draft in digital format to aid the editing process. The expectation is to submit the plan to the AARP within the next month.

5) **New Business:**

On Sept. 9 the commission will meet here at Hannah at 1 p.m. and we will road trip downtown to the Newman Lofts for a tour at 1:30. We will plan on stopping at Foster Coffees after the tour. Foster Coffees is the coffee shop that provided wonderful coffees at our Volunteer Recognition Reception this past year and we want to reciprocate.

7) **Old Business:** *Covered entrance to pool update*

The covered entrance as of today has a keyless entry. Within the next couple of weeks users will be given a card to get into the covered entrance.

8) **Announcements**

9) **Adjournment**

House adjourned the meeting at 2:05 p.m. The next Senior Commission meeting will be held on Sept. 9, 2019 at 1:00 p.m.. We will meet here at Hannah and go on a tour of the building of Newman Lofts.